A Nice Ribbed Sock

A sock pattern by Glenna C.



I love knitting socks of all kinds – from the very simple to the very complex. When I need something basic, I cast on a pair of ribbed socks in a colourway that pleases me. Ribbing is no more difficult than plain stockinette and can likewise be used with solid or multi-coloured sock yarns of any kind, but adds extra snugness in the fit. It also requires the tiniest bit more attention while knitting, which can help prevent boredom.

This is a basic, cuff-down, 3x1 ribbed sock pattern with a flap heel and gussets. It is written for fingering-weight yarn for one size of 64 sts around, to fit foot/ankle circumference of 8-9 inches. To accommodate smaller or larger foot sizes, decrease or increase the number of cast-on stitches by a multiple of 4.

MATERIALS

- Fingering weight yarn, approximately 350 yards
- (pictured sample uses Blue Moon Fiber Arts 'Socks That Rock' lightweight; a variety of fingering weight yarns in solid or multi-coloured variations may be used)
- 2.75mm double-pointed needles (DPNs), OR needle size required to obtain gauge
- Tapestry needle
- Stitch markers (if desired)

SIZING

- One size, to comfortably fit foot circumference 8-9 ins around
- Length of leg and foot is adjustable according to desire
- (To modify for a smaller or larger size, change the # of cast-on sts by a multiple of 4. For every 4 sts you change in the cast-on number, this will change the # of heel flap sts by 2).

GAUGE

 32 sts/36 rows over 4 inches in stockinette stitch on 2.75mm needles OR needle size required to obtain gauge

SKILLS

To execute this pattern, knitters will be required to:

- Work in the round
- Work knit and purl sts
- Work decreases (k2tog and ssk)
- Pick up sts (for working gussets)

PATTERN (MAKE 2)

Cuff:

Cast on 64 sts. Join sts to work in the round, being careful not to twist, and divide sts evenly across needles.

First round: K1, p1; Repeat to end of round. Repeat this round 11 more times.

Leg:

Next round: K3, p1; Repeat to end of round. Repeat this round until sock measures 5 ins from beg, or to desired length before beginning heel.

Heel:

This is a flap heel worked over half the total sts of the sock. Arrange sts so that the first needle has 32 sts. These sts will be used to work the heel flap, the rest will be left aside until later, divided across Needles 2 and 3. Proceed as follows over 32 sts on Needle 1: Row 1: Sl1 (slip one stitch purlwise), k1. Repeat [sl1, k1]

Row 2: Sl1, p to end of needle.

Repeat these last 2 rows a total of 16 times.

Next, turn the heel:

to end of needle.

Row 1(RS): K 19 sts, ssk, k1. Turn. Row 2 (WS): SI1, p7, p2tog, p1. Turn. Row 3 (RS): Sl1, k8, ssk, k1, Turn. Row 4 (WS): Sl1, p9, p2tog, p1. Turn. Row 5 (RS): Sl1, k10, ssk, k1. Turn. Row 6 (WS): Sl1, p11, p2tog, p1. Turn.

Continue turning and decreasing in this manner (one stitch decreased knitwise on every RS row, and purlwise on every WS row) until all sts have been worked. Final RS decrease row will end with a ssk, and final WS decrease row will end with a p2tog. 18, sts rem on heel.

Gussets:

Needle 1: K 18 sts from heel, then pick up and knit 18 sts on right side of heel flap.

Needle 2: Transfer the last st from Needle 1 onto the beginning of Needle 2. This stitch will be worked

purlwise from now on. Work next 32 sts in ribbing pattern as established.

Needle 3: pick up and knit 17 sts along left side of heel flap. Then, knit the first 9 sts from Needle 1.

Sts are now arranged as follows: 26 sts on Needle 1 and on Needle 3, 33 sts on Needle 2.

Work gusset decreases as follows:

Round 1

Needle 1: K to 3 sts before end of needle, k2tog, k1. Needle 2: Work all sts in ribbing pattern as established.

Needle 3: K1, ssk, k to end of needle.

Round 2

Needle 1: K all sts

Needle 2: Work all sts in ribbing pattern as established.

Needle 3: K all sts.

Repeat these last 2 rounds until there are 16 sts rem on Needle 1 and on Needle 3. (65 sts rem in total).

Foot

Continue by repeating Round 2 above, working all sts even as they appear, until foot measures 2 ins shorter than desired length.

Next round: K all sts, decreasing 1 st in middle of Needle 2.

Proceed with toe.

Toe

Round 1

Needle 1: K to 3 sts before end of needle, k2tog, k1. Needle 2: K1, ssk, k to 3 sts before end of needle,

k2tog, k1.

Needle 3: K1, ssk, k to end of needle.

Round 2

K all sts on all needles.

Repeat these last 2 rounds until 20 sts rem in total. BO all sts and graft closed, OR use kitchener stitch to graft live sts closed.

Weave in any ends.

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